

## CPD QUESTIONNAIRE

1. True (A) or false (B) – click on the correct answer:  
Women who attend fertility clinics have a statistically increased risk of ovarian cancer compared with women who do not undergo assisted reproduction.
2. True (A) or false (B) – click on the correct answer:  
The use of ovarian stimulation for infertility treatment is associated with an increased risk of ovarian cancer in later life compared with infertility treatment not involving ovarian stimulation.
3. True (A) or false (B) – click on the correct answer:  
Obesity reduces life expectancy by approximately the same order of magnitude as cigarette smoking.
4. True (A) or false (B) – click on the correct answer:  
Given in the second half of pregnancy, the antioxidants vitamins C and E reduce the risk of pre-eclampsia in high-risk women.
5. True (A) or false (B) – click on the correct answer:  
The anti-epileptic drug valproate taken in pregnancy poses the same risk to the fetus as carbamazepine, lamotrigine or phenytoin in terms of cognitive function in later life.
6. True (A) or false (B) – click on the correct answer:  
Screening for ovarian cancer in postmenopausal women using CA 125 and vaginal ultrasound techniques results in more early lesions being identified.
7. True (A) or false (B) – click on the correct answer:  
Screening for ovarian cancer in postmenopausal women using CA 125 and vaginal ultrasound techniques reduces deaths from the disease.
8. True (A) or false (B) – click on the correct answer:  
Allowing a woman to consume low-fat, low-residue food during uncomplicated labour increases her risk of untoward outcomes of labour.
9. True (A) or false (B) – click on the correct answer:  
A pill containing 5 drugs used for treating cardiovascular disease will theoretically reduce the risk of mortality by 50%.
10. True (A) or false (B) – click on the correct answer:  
Asymptomatic endometrial polyps discovered incidentally have a high risk of being malignant.
11. True (A) or false (B) – click on the correct answer:  
The ovaries should be removed at hysterectomy for benign conditions in postmenopausal women as the risk of ovarian cancer is greater than the protection given by hormone production in terms of cardiovascular disease.
12. True (A) or false (B) – click on the correct answer:  
One course of antenatal steroids given to the mother prior to a preterm delivery reduces the infant's chances of mortality, respiratory distress and intraventricular haemorrhage.
13. True (A) or false (B) – click on the correct answer:  
Progesterone administration in uncomplicated twin pregnancies from 24 weeks gestation prolongs pregnancy and reduces perinatal mortality rates.
14. True (A) or false (B) – click on the correct answer:  
The diagnosis of the polycystic ovary syndrome depends on the presence of 2 of the following 3 criteria (i) oligo/anovulation, (ii) hyperandrogenism, (iii) polycystic ovaries on ultrasound.
15. True (A) or false (B) – click on the correct answer:  
Women with the polycystic ovary syndrome have an increased chance of developing insulin resistance compared with women without the syndrome.
16. True (A) or false (B) – click on the correct answer:  
Women in labour would rather have their fetus's heart rate monitored by a simple Doppler monitor than by a Pinard stethoscope or an electronic cardiocograph.
17. True (A) or false (B) – click on the correct answer:  
A caesarean section is indicated if a nuchal cord is diagnosed ultrasonically prior to labour.
18. True (A) or false (B) – click on the correct answer:  
The term caesarean section was derived from the fact that Julius Caesar was delivered by this method.
19. True (A) or false (B) – click on the correct answer:  
The first recorded caesarean section in which both mother and child survived was carried out in The Netherlands.
20. True (A) or false (B) – click on the correct answer:  
The first caesarean section in South Africa was performed after 1900.

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